



THE WHITE

face + body spa

BODY MASSAGES

HOW DO YOU WANT TO FEEL?

Massages that restore the body, calm the mind, and connect you with what truly matters.

RELAXING SWEDISH MASSAGE

To relieve tension, relax your muscles, and unwind completely.

Monday through Thursday*		Friday through Sunday	
60 MIN	\$1,250 MXN	60 MIN	\$1,750 MXN
80 MIN	\$1,500 MXN	80 MIN	\$2,000 MXN

SPORTS MASSAGE (Deep Tissue)

To treat muscle spasms and deep muscle tension and restore mobility.

Monday through Thursday*		Friday through Sunday	
60 MIN	\$1,250 MXN	60 MIN	\$1,750 MXN
80 MIN	\$1,500 MXN	80 MIN	\$2,000 MXN

HOT STONE MASSAGE

Therapeutic heat, obsidian stones, and enveloping movements for deep relaxation.

Monday through Thursday*		Friday through Sunday	
60 MIN	\$1,500 MXN	60 MIN	\$1,850 MXN
80 MIN	\$1,700 MXN	80 MIN	\$2,200 MXN

REFLEXOLOGY MASSAGE

Pressure applied to reflex points to relieve tension and restore the body's balance.

Monday through Thursday*		Friday through Sunday	
30 MIN	\$800 MXN	30 MIN	\$800 MXN
60 MIN	\$1,100 MXN	60 MIN	\$1,600 MXN

From Friday through Sunday, the 30-min reflexology massage must be booked in conjunction with a full-body massage or facial.

* Date restrictions may apply. Not valid on holidays and during vacation periods. Please inquire when making your reservation.
All prices include VAT.



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FACIAL MASSAGES

HOW DO YOU WANT TO LOOK?

Personalized facial treatments for every skin type.
Designed to cleanse, moisturize, firm, and enhance your natural beauty.

8-STEP CLEANSING AND PURIFICATION

For tired, lackluster skin or skin with clogged pores.
Deep cleansing, exfoliation, blackhead removal, facial
massage, and moisturizing.

Monday through Thursday*		Friday through Sunday	
60 MIN	\$1,350 MXN	60 MIN	\$1,800 MXN
80 MIN	\$1,600 MXN	80 MIN	\$2,100 MXN

ANTI-AGING LIFT AND CONTOURING

To improve skin firmness, radiance, and tone, using
PHA, ultrasound, and a contouring facial massage.

Monday through Thursday*		Friday through Sunday	
60 MIN	\$1,600 MXN	60 MIN	\$2,000 MXN
80 MIN	\$1,850 MXN	80 MIN	\$2,100 MXN

INSTANT REFRESH

An instant boost of hydration and freshness to
revitalize the skin.

Monday through Thursday*		Friday through Sunday	
30 MIN	\$800 MXN	30 MIN	\$800 MXN

From Friday through Sunday, this treatment must be booked in conjunction
with a massage or full facial.

* Date restrictions may apply. Not valid on holidays and during vacation periods. Please inquire when making your reservation.
All prices include VAT.

BODY · MIND · WELL-BEING
Recommended by Marco Beteta





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EXPERIENCES FOR TWO

HOW DO THEY WANT TO FEEL TOGETHER?

Shared rituals to reconnect, relax, and celebrate well-being as a couple.

1. AN EXPERIENCE FOR TWO - MESSAGES

WHAT'S INCLUDED:

- 2 Relaxing Swedish or Deep Tissue Massage (60 min.)
- 2 Instant Refresh Facials (30 min.)
- 2 Pairs of Slippers
- 2 Sparkling Wine Glasses
- 2 Bottles of Natural Water
- 1 Strawberry Bowl for 2

\$4,000 MXN

\$2,000 MXN per person

Service Not Included.
**Available only Monday-Thursday

2. AN EXPERIENCE FOR TWO - FACIALS

WHAT'S INCLUDED:

- 2 Cleansing and Purification Facial (60 min.)
- 2 Reflexology Massage (30 min.)
- 2 Pairs of Slippers
- 2 Sparkling Wine Glasses
- 2 Bottles of Natural Water
- 1 Strawberry Bowl for 2

\$4,000 MXN

\$2,000 MXN per person

Service Not Included.
**Available only Monday-Thursday

3. BE SPA & BREAKFAST PACKAGE

PICK BETWEEN:

A. BODY MESSAGES

- 2 Relaxing or Deep Tissue Massages (60min.)
- 2 Instant Refresh Facials (30 min.)

B. FACIAL TREATMENTS

- 2 Cleansing and Purification Facial (60 min.)
- 2 Reflexology Massage (30 min.)

BOTH OPTIONS INCLUDE:

- 2 Breakfast at HOUSE Restaurant
- 2 Bottles of Natural Water
- 2 Pairs of Slippers
- 2 Complimentary Welcome Drinks, with a choice of: Herbal Teas, Lemonade, Orangeade, or Cucumber Water

Monday through Thursday
\$4,700 MXN*

Service Not Included.

Friday through Sunday
\$4,900 MXN

Service Not Included.

4. BE SPA & LUNCH PACKAGE

PICK BETWEEN:

A. BODY MESSAGES

- 2 Relaxing or Deep Tissue Massages (60min.)
- 2 Instant Refresh Facials (30 min.)

B. FACIAL TREATMENTS

- 2 Cleansing and Purification Facial (60 min.)
- 2 Reflexology Massage (30 min.)

BOTH OPTIONS INCLUDE:

- 2 Lunches at HOUSE Restaurant
- 2 Bottles of Natural Water
- 2 Pairs of Slippers
- 2 Complimentary Welcome Drinks, with a choice of: Herbal Teas, Lemonade, Orangeade, or Cucumber Water

Monday through Thursday
\$5,900 MXN*

Service Not Included.

Friday through Sunday
\$6,300 MXN

Service Not Included.

* Date restrictions may apply. Not valid on holidays and during vacation periods. Please inquire when making your reservation.
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Inside Las Casas B+B, Recommended by Marco Beteta

